

ALLERGEN TABLE

Menu Layout/Item	Accompaniments	Dairy	Gluten	Peanuts	Tree nuts	Soy	Fish	Crustacean	Egg	Sulphites*	Sesame Seeds	Additional Information
Breakfast Fare												
Blueberry Buttermilk Pancake with Bacon & Eggs		✓	✓	-	-	CCR	-	-	✓	-	-	
Blueberry Buckwheat Pancake with Bacon & Eggs		✓	✓	-	-	-	-	-	✓	-	-	
Traditional Bacon and Eggs		✓	✓	-	-	CCR	-	-	✓	-	-	
Farmers Breakfast		✓	✓	-	-	CCR	-	-	✓	-	-	
Eggs Benedict		✓	✓	-	-	-	-	-	✓	-	-	
Country Breakfast		✓	✓	-	-	CCR	-	-	✓	-	-	
Eggs Florentine		✓	✓	-	-	-	-	-	✓	-	-	
LOVELY! Extras												
Whole Rasher of Bacon		-	-	-	-	-	-	-	-	-	-	
House-Made Hash Browns		-	-	-	-	-	-	-	-	-	-	
Pure Organic Maple Syrup		-	-	-	-	-	-	-	-	-	-	
Grilled Tomato		✓	-	-	-	-	-	-	-	-	-	
Free Range Eggs		✓	-	-	-	-	-	-	✓	-	-	
Cheese Kransky		✓	CCR	-	-	✓	-	-	-	CCR	-	
Grilled Pineapple		✓	-	-	-	-	-	-	-	-	-	
Grilled Banana		✓	-	-	-	-	-	-	-	-	-	
Garlic Buttered Mushrooms		✓	-	-	-	-	-	-	-	-	-	
Children's Tea Party Menu												
The Hatter's Hawaiian		✓	✓	-	-	-	-	-	✓	-	-	Contains: Sunflower seeds
Alice's Wonderland Surprise		✓	✓	CCR	CCR	✓	✓	-	✓	CCR	-	Contains: Tartrazine, Sunset Yellow FCF, Azorubine, Ponceau 4R, Brilliant Blue FCF. Ice-cream has been included in this analysis
The Dormouse's Cheese Pleaser		✓	✓	-	-	CCR	-	-	✓	-	-	
Queen of Hearts		✓	✓	CCR	CCR	CCR	-	-	✓	CCR	-	Ice-cream has been included in this analysis
The White Rabbit's Lemon Drop Special		✓	✓	CCR	CCR	CCR	-	-	✓	CCR	-	Ice-cream has been included in this analysis
Strawberry Duchess		✓	✓	CCR	CCR	CCR	-	-	✓	CCR	-	Ice-cream has been included in this analysis
Strawberry Duchess with House-Made Hot Chocolate Fudge		✓	✓	CCR	CCR	✓	✓	-	✓	CCR	-	Ice-cream has been included in this analysis
The Cheshire Cat's Chicken Tenders		✓	✓	CCR	-	✓	✓	-	✓	-	✓	
The King's Fish and Chips		✓	✓	CCR	-	✓	✓	-	✓	-	✓	
The Bishop's Bacon & Egg		✓	✓	-	-	CCR	-	-	✓	-	-	
Kids Fries		✓	-	-	-	-	-	-	-	-	-	
The Ball		✓	-	CCR	CCR	CCR	-	-	CCR	✓	-	
The Superball		✓	-	CCR	CCR	✓	✓	-	CCR	CCR	-	Contains: Tartrazine, Sunset Yellow FCF, Azorubine, Ponceau 4R, Brilliant Blue FCF
Kids Iced Chocolate		✓	-	CCR	CCR	CCR	-	-	CCR	✓	-	
Plain or Flavoured Milk		✓	-	-	-	CCR ▲	-	-	-	✓	-	CCR ▲: from soy if you have chocolate flavoured milk
Fizzy Drink		-	-	-	-	-	-	-	-	✓	-	Contains: Tartrazine and Brilliant Blue FCF
Drinks – Hot												
Coffee – Black		-	-	-	-	-	-	-	-	-	-	
Coffee – Full cream milk/or with coffee cream		✓	-	-	-	-	-	-	-	-	-	
Coffee – Reduced fat milk		✓	-	-	-	-	-	-	-	-	-	
Coffee – Soy milk		✓ ▲	-	-	-	✓	-	-	-	-	-	Contains: Sunflower seeds ▲ Contains dairy if you have chocolate dusting
Coffee – Decaffeinated black		-	-	-	-	-	-	-	-	-	-	
Coffee – Decaffeinated white		✓	-	-	-	-	-	-	-	-	-	
Chai Latte		✓	-	-	-	CCR	-	-	-	-	-	
Organic Leaf Tea – black		-	-	-	-	-	-	-	-	-	-	
Organic Leaf Tea – white		✓	-	-	-	-	-	-	-	-	-	
Organic Herbal Teas – black		-	-	-	-	-	-	-	-	-	-	
Hot Marshmallow Chocolate		✓	-	-	-	✓	✓	-	-	-	-	
Hot Chocolate		✓	-	-	-	✓	-	-	-	-	-	
Vienna Chocolate		✓	-	-	-	✓	-	-	-	-	-	
The Chocolate Royale		✓	-	CCR	CCR	✓	✓	-	-	-	-	
Drinks – Cold												
Iced Coffee		✓	-	CCR	CCR	CCR	-	-	CCR	CCR	-	
Iced Chocolate		✓	-	CCR	CCR	CCR	-	-	CCR	✓	-	
Swiss Mountain Malt		✓	✓	CCR	CCR	CCR	-	-	CCR	✓	-	
Swiss Shake		✓	-	CCR	CCR	CCR	-	-	CCR	✓	-	
Creamy Ice-Cream Sodas		✓	-	CCR	CCR	CCR	-	-	CCR	✓	-	Contains: Tartrazine and Brilliant Blue FCF
Fizzy Drink		-	-	-	-	-	-	-	-	✓	-	Contains: Tartrazine and Brilliant Blue FCF
Apple Cider		-	-	-	-	-	-	-	-	-	-	
Beechworth Apple Juice		-	-	-	-	-	-	-	-	-	-	
Orange Juice		-	-	-	-	-	-	-	-	-	-	
Traditional House-Made Lemonade		-	-	-	-	-	-	-	-	-	-	
Sparkling Mineral Water		-	-	-	-	-	-	-	-	-	-	
Lemon, Lime and Bitters		-	-	-	-	-	-	-	-	✓	-	
Chocolate & Chocolate Swiss Mountain Malt		✓	✓	CCR	CCR	CCR	-	-	CCR	✓	-	
Pineapple Juice		-	-	-	-	-	-	-	-	-	-	
House-Made Lemon Iced Tea		-	-	-	-	-	-	-	-	✓	-	
Pancake Stacks												
Buttermilk pancakes		✓	✓	-	-	CCR	-	-	✓	-	-	
Gluten Free Friendly Buttermilk pancakes		✓	-	-	-	-	-	-	✓	-	-	
Buckwheat pancakes		✓	✓	-	-	-	-	-	✓	-	-	
LOVELY! Extras												
Pure Organic Maple Syrup		-	-	-	-	-	-	-	-	-	-	
Maple-Flavoured Syrup		-	-	-	-	-	-	-	-	-	-	
House-Made Hot Chocolate Fudge		✓	-	CCR	CCR	✓	✓	-	-	-	-	
House-Made Warm Salted Caramel Sauce		✓	-	-	-	-	-	-	-	-	-	
Organic Strawberry Jam		-	-	-	-	-	-	-	-	-	-	
Organic Honey		-	-	-	-	-	-	-	-	-	-	
Fresh Strawberries		-	-	-	-	-	-	-	-	-	-	
Cream		✓	-	-	-	-	-	-	-	-	-	
Vanilla Ice-Cream		✓	-	CCR	CCR	CCR	-	-	CCR	CCR	-	
Chocolate Ice-Cream		✓	-	CCR	CCR	CCR	-	-	CCR	CCR	-	
Whipped butter		✓	-	-	-	-	-	-	-	-	-	
Salads												
Cajun Chicken Salad		✓	✓	-	-	✓	✓	-	✓	✓	✓	
Tuna Salad		-	-	-	-	-	✓	-	✓	✓	-	
Chicken Caesar Salad		✓	✓	-	-	✓	✓	-	✓	✓	✓	
Warm Chicken Spinach Salad		✓	✓	-	-	✓	✓	-	✓	✓	✓	
Savoury Fare												
Cottage Fries		✓	-	-	-	-	-	-	-	-	-	
Deluxe Fries		✓	-	-	-	-	-	-	-	-	-	
Cheese and Potato Pancake		✓	✓	-	-	CCR	-	-	✓	✓	-	
	with Bacon Bits	✓	✓	-	-	CCR	-	-	✓	✓	-	
	with Mushroom Sauce	✓	✓	-	-	CCR	-	-	✓	✓	-	
Barramundi Fillets		✓	✓	-	-	✓	✓	-	✓	✓	✓	
	with Lemon & Parsley Butter	✓	✓	-	-	✓	✓	-	✓	✓	✓	
	with Tartare Sauce	✓	✓	-	-	✓	✓	-	✓	✓	✓	
Scotch Fillet Steak		✓	✓	-	-	-	-	-	✓	✓	-	
	with Hollandaise Sauce	✓	✓	-	-	-	-	-	✓	✓	-	
	with Dijon Mustard	✓	✓	-	-	-	-	-	✓	✓	-	
Best Breast of Chicken Schnitzel		✓	✓	-	-	-	-	-	✓	✓	-	
	with Lemon Wedge	✓	✓	-	-	-	-	-	✓	✓	-	
	with Cajun spices	✓	✓	-	-	-	-	-	✓	✓	-	
Chicken Parmigiana		✓	✓	-	-	-	-	-	✓	✓	-	Contains: Sunflower seeds
Canadian Pancakes	Banana/pineapple/egg	✓	✓	-	-	CCR	-	-	✓	-	-	
Cheese Kransky		✓	✓	-	-	✓	-	-	✓	CCR	-	
Chicken Sliders		✓	✓	-	-	✓	✓	-	✓	✓	✓	
Country Chicken		✓	✓	-	-	CCR	-	-	✓	✓	-	
Crepes												
Famous Tabriz Crepes		✓	✓	-	-	-	-	-	✓	✓	-	Contains: Sunflower seeds
Hawaiian Ham & Cheese Crepes		✓	✓	-	-	-	-	-	✓	✓	-	Contains: Sunflower seeds
Spinach & Feta Crepes		✓	✓	-	-	-	-	-	✓	✓	-	Contains: Sunflower seeds
	with Napoli Sauce	✓	✓	-	-	-	-	-	✓	✓	-	Contains: Sunflower seeds
Mexican Beef Crepes		✓	✓	CCR	✓	CCR	✓	CCR	✓	✓	CCR	Contains: Sunflower seeds
Mexican Chicken Crepes		✓	✓	-	-	-	✓	-	✓	✓	-	Contains: Sunflower seeds
LOVELY! Extras												
Cottage Fries		✓	-	-	-	-	-	-	-	-	-	
Fresh Mushroom Sauce		✓	✓	-	-	-	-	-	-	-	-	
Warm House-Made Hollandaise Sauce		✓	-	-	-	-	-	-	✓	-	-	
Sweet Pancakes and Crepes												
Note: Cream and Ice-Cream have not been included in the following menu items. Please refer to LOVELY! Extras for these toppings and their allergens												
Fresh Strawberries		✓	✓	-	-	CCR	-	-	✓	✓	-	
Blueberries		✓	✓	-	-	CCR	-	-	✓	✓	-	
Bavarian Apple		✓	✓	-	-	CCR	-	-	✓	✓	-	
	with House-Made Warm Salted Caramel & Roasted Almonds	✓	✓	CCR	✓	CCR	-	-	✓	✓	CCR	
Lemon Berry Pancakes		✓	✓	-	-	CCR	-	-	✓	✓	-	
Jamaican Banana		✓	✓	-	-	CCR	-	-	✓	✓	-	
Hot Buttered Walnuts		✓	✓	-	✓	CCR	-	-	✓	-	-	
IT		✓	✓	-	✓	CCR	-	-	✓	-	-	
Chocolate Jubilee		✓	✓	CCR	CCR	✓	✓	-	✓	✓	-	
Raspberry and Rhubarb		✓	✓	-	-	CCR	-	-	✓	✓	-	
Original Lemon and Sugar		✓	✓	-	-	CCR	-	-	✓	✓	-	
Salted Caramel Crunch		✓	✓	CCR	✓	CCR	-	-	✓	-	CCR	
Alice in Wonderland		✓	✓	CCR	CCR	✓	✓	-	✓	-	-	Contains: Tartrazine, Sunset Yellow FCF, Azorubine, Ponceau 4R, Brilliant Blue FCF
Traditional Blintz		✓	✓	-	-	-	-	-	✓	✓	-	Contains: Sunflower seeds
The Great Blintz		✓	✓	-	-	-	-	-	✓	-	-	Contains: Sunflower seeds
	with Fresh Strawberries	✓	✓	-	-	-	-	-	✓	-	-	Contains: Sunflower seeds
Ice Cream Parlour												
Outrageous Banana Split with Hot Fudge		✓	✓	CCR	✓	✓	✓	-	CCR	✓	CCR	
Unforgettable Hot Fudge Sundae		✓	✓	CCR	✓	✓	✓	-	CCR	✓	CCR	
Hot Ball – A choice of Vanilla or Chocolate Ice-Cream		✓	✓	CCR	✓	✓	✓	-	CCR	CCR	CCR	
The Colossal												